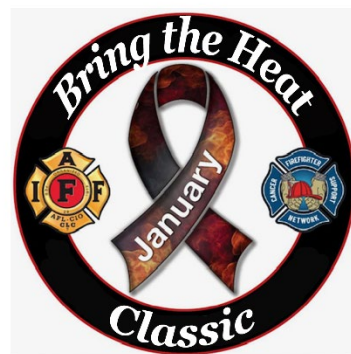


2026 Bring the Heat Classic

January 10-11, 2026
Hosted by Meet Expectation LLC

Meet Site:

Flagler Palm Coast High School
5500 State Rt 100
Palm Coast, FL 32164



Schedule

	Level	Stretch	March-In	Compete	Awards
Saturday					
USA 1	1, XB	8:00am	8:20am	8:30am	10:30am
2	2, XB	10:30am	10:50am	11:00am	1:00pm
3	3, XS	1:00pm	1:20pm	1:30pm	4:00pm
4	XS	4:00pm	4:20pm	4:30pm	6:30pm
5	4, XG	6:30pm	6:50pm	7:00pm	9:30pm
Sunday					
AAU - 1	AAU XB & XS	8:00am	8:20am	8:30am	10:00am
AAU - 2	AAU XG, XP, XD	10:45am	11:05am	11:15am	1:30pm
USA 6	XG	8:00am	8:20am	8:30am	11:00am
7	6, XD	11:00am	11:20am	11:30am	2:30pm
8	7, 8, 9, 10	2:30pm	2:50pm	3:00pm	6:00pm
9	XP	6:00pm	6:20pm	6:30pm	9:00pm

Session Split

Session 1 XB	Session 2 XB	Session 3 XS	Session 4 XS	Session 5 XG	Session 6 XG
Fit Club	FCG	Champions	FCG	Champions	FL Elite
Leaps & Bounds	FL Elite	FL Elite	Seaside	FCG	Gym Unlimited
OG	RAD	Fit Club	Starlight	Fit Club	OG
PCG	Seaside	Gymnators	TNT	Gymnators	Seaside
RAD		Leaps & Bounds	VGA	Leaps & Bounds	Starlight
Riptide		OG		PCG	
Starlight		Riptide		Riptide	
TNT				SportsRock	
VGA				TNT	
				VGA	
All Level 1's	All Level 2's	All Level 3's		All Level 4's	